

Reading Week

Society of Mary and Martha at Sheldon
18th – 23rd July 2010

Sunday

6pm Arrivals
6.30pm Fat Pigeon bar open
7pm Supper

12.30pm Lunch
4pm Tea
5pm Community prayers
6.30 Fat Pigeon open
7pm Supper

Monday to Thursday

8am Community prayers
8.30am Breakfast
11am Coffee

Friday

8am Community prayers
8.30am Breakfast
10am Last departures

All **meals** and **refreshments** in the Pound House Dining Room.
You are welcome to take meals to your room on a tray if you prefer – please let Jan know at least 10 minutes before the meal. The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box, accessed via the Dining Room lobby.

Community Prayers in the upstairs Chapel of Mary, Martha and Lazarus.
Medieval Chapel open for private prayer at all times. There is a short time of **intercessions sometime around midday** led by a member of the Community.

The **Library** is open all week. Please keep silence and return books before you leave.
Shop open and **Jacuzzi** bookings (£7/£5.60) from Reception during office hours.
Folders with **local walks** are available in the Library and Reception.

Please respect the **privacy** of other guests. We hope you will enjoy each others' company socially, but please avoid clergy shop talk, "deep and meaningful", intruding on each other's personal space, and personal problem solving.

We wish you a restful and refreshing week.

Monday 19th July

Half a dozen Friends are taking part in a sponsored 13 mile walk along the Teign.
Assemble at 9.15am for briefing ready for 9.30am departure.
Take water, but drinks, sandwiches and other snacks will be provided en route.