



Sheldon is 10 miles from the M5, coach station and main line railway at Exeter. The DevonBus 360 takes 45 minutes from Exeter and runs 4 times daily to within half a mile of Sheldon. A taxi will cost about £20 for the 25 minute journey.

You can choose between bringing your own food for self-catering, or having us stock your larder with home cooked and ready meals so you don't have to shop.



2009

Guests are invited to contribute towards the running costs of Sheldon according to their means and using the following as a guide.

accommodation (minimum 2 nights)		
£34	per night	single person
£48	per night	two people
£25	first night supplement	
fully stocked larder (minimum 3 nights)		
£21	per person per day	



Sheldon is the home of a small lay Christian Community, welcoming several thousand guests each year.

As well as the Pig Pens we offer:

~ accommodation for self-catering church, community and education groups 10 - 50 ~

~ specialist support and resources for people in Christian ministry including Linhay Lodges and 12,000-mile Service weeks ~

~ a wide ranging programme of retreats and other resources for personal and spiritual development open to everyone ~

The Society of Mary and Martha
Sheldon, Dunsford, Exeter EX6 7LE
01647-252752 smm@sheldon.uk.com

www.sheldon.uk.com

reg charity 327394



Pig Pens
for you!

time out
and
space apart
open
to everyone



www.sheldon.uk.com



You might have experience of going on retreat or want to try it for the first time. You might belong to a church or have no religious faith. You might be young or old. You might be looking to heal the past or explore the future ...

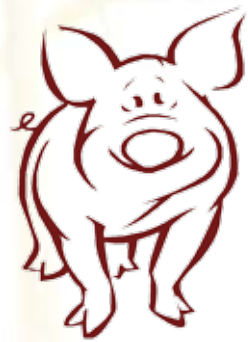
Is a Pig Pen retreat right for you?

Probably Yes if you need

- to have time on your own
- to quietly do your own thing
- to read, pray, walk, rest
- to get away from the rush
- to pray with a Community
- to seek, explore, discover
- to refresh your spirit
- to study, write, prepare
- to simply be

but probably not if you need

- 100% silence around you
- nursing or personal care
- company of other people
- counselling or guidance



All 3 self-contained Pig Pens

- fully equipped kitchen
- en-suite shower room
- single or twin or double bed
- comfortably furnished
- good access for mobility difficulties
- window seat with lovely view
- own patio with bench
- TV/video, radio/CD/cassette
- underfloor central heating



Tamworth Pen only

- wet room shower for disabled guests

If you stay in a Pig Pen on a private retreat you have access to lots of other resources around Sheldon as well.

Thatched medieval Chapel always open for prayer, plus Community prayers twice daily midweek

45 acres of woodland and fields with lovely views and good walks in all directions

Well-stocked comfy eclectic modern library

Indoor spa bath for luxurious hot soak and bubbles all year round

Fat Pigeon bar and Loose Box hot drinks according to timetable

(When you book, please check which groups will be in residence in nearby buildings at the same time)



Sheldon Pig pens for time out and space apart ~ open to everyone