

Winter Workparty Weekend / R5 - Read, Retreat, Rest, Relax, Recuperate

Society of Mary and Martha at Sheldon
Friday 29 November to Friday 6 December 2019

Friday 29th

From 3pm arrivals
5pm Community Prayers
6.30pm Fat Pigeon bar open
7pm Supper and introduction
9pm Compline

Saturday 30th

8am Community prayers
8.30am Breakfast
9.30am Assemble in Dining Room
for work teams
11am Coffee break
12.30pm Lunch
2pm Work
3.30pm Tea & work
6.30pm Bar open
7pm Supper
9pm Compline

Sunday 1st

8.30am Holy Communion
(celebrant: Phil Searle)
9.15am Breakfast

10am Work
11am Coffee break
12.30pm Lunch
2pm Work and clear up by
3.30pm Tea. Weekend
volunteers leave by 4pm
6.30pm Fat Pigeon bar open
7pm Supper

Monday 2nd – Thursday 5th

8am Community prayers
8.30am Breakfast
11am Coffee
12.30pm Lunch
4pm Tea
5pm Community prayers
6.30pm Fat Pigeon bar open
7pm Supper

Friday 6th

8am Community prayers
8.30am Breakfast
10am Last departures

Work only applies to volunteers not R5 guests! Volunteers: Please bring towels, wash kit, boots, waterproofs and work clothes you can get wet/muddy/dirty in. When in work wear, please use Pound House ground floor cloakrooms.

Quiet Day Tuesday 10.30 - 4 - led by Canon Chris Palmer

This will be held in the Long Barn sitting room which will be closed to other R5 participants during the day. Please note that the day including lunch will be in silence. Non-silent lunch at 12 noon if you prefer.

All **meals** will be in the Pound House Dining Room.

You are welcome to take meals to your room on a tray if you prefer - please let the team in the kitchen know after breakfast and collect your tray at least 10 minutes before the meal.

Refreshments in Pound House.

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box, accessed via the Dining Room lobby.

Community Prayers in the upstairs Chapel of Mary, Martha and Lazarus.

The Medieval Chapel is open for private prayer at all times. There is a short time of **intercessions sometime around midday** in the medieval chapel led by a member of the Community.

The **Library** is open all week except when closed for day bookings (when there is a notice on the outer door).

Please keep silence and return books before you leave.

The **Art Shed** is available for engaging your creative imagination, just beyond the Hen Runs at the lower end of the car park.

Shop open and **Jacuzzi** bookings (£7.50/£6) from Reception during office hours, normally 9am - 1pm and 2pm - 5pm.

Folders with **local walks** are available in the Boot Room and Reception.

Useful things are in the **Boot Room** between Pig Pens and Long Barn.