# R5 - Read, Retreat, Rest, Relax, Recuperate

Sunday 11th to Friday 16th October

*Please read in conjunction with all other info in your arrival pack*

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| **Sunday** | |
| From 3pm | arrivals |
| 6.30pm | Fat Pigeon bar open |
| 7pm | Supper |
|  |  |
| **Monday to Thursday** | |
| 8am | Community prayers |
| 8.30am | Breakfast |
| 11am | Coffee |
| 12.30pm | Lunch |
| 5pm | Community prayers |
| 6.30pm | Fat Pigeon bar open |
| 7pm | Supper |
|  |  |
| **Friday** | |
| 8am | Community prayers |
| 8.30am | Breakfast |
| 10am | Last departures |
|  |  |

**Coronavirus reminders – please …**

* **2m** distancing at all times, indoors and out
* Wear a **mask** in all shared indoor spaces except while eating or drinking
* wash/sanitise your **hands** each time you enter/leave a communal room
* doors may be open for better air circulation – have enough **clothing** to keep warm
* read/follow **instructions** – we’re doing things differently

… and yes we still have the no clergy shop talk House Rules too ☺

**Where things happen**

**Breakfast** in the **Long Barn (**stagger arrivals to minimise queuing)

**Lunch** and **supper** in the **Pound House**

**Morning coffee** served in the Long Barn dining room

In the afternoons we will leave cake in the Long Barn guest kitchen   
for you to help yourselves whenever you want

The **Fat Pigeon** is Sheldon's licensed bar in the Great Barn Loose Box,

accessed via Reception (one way system, contactless card payments only)

**Community Prayers** in the upstairs Chapel of Mary, Martha and Lazarus

see separate sheet for details on joining us